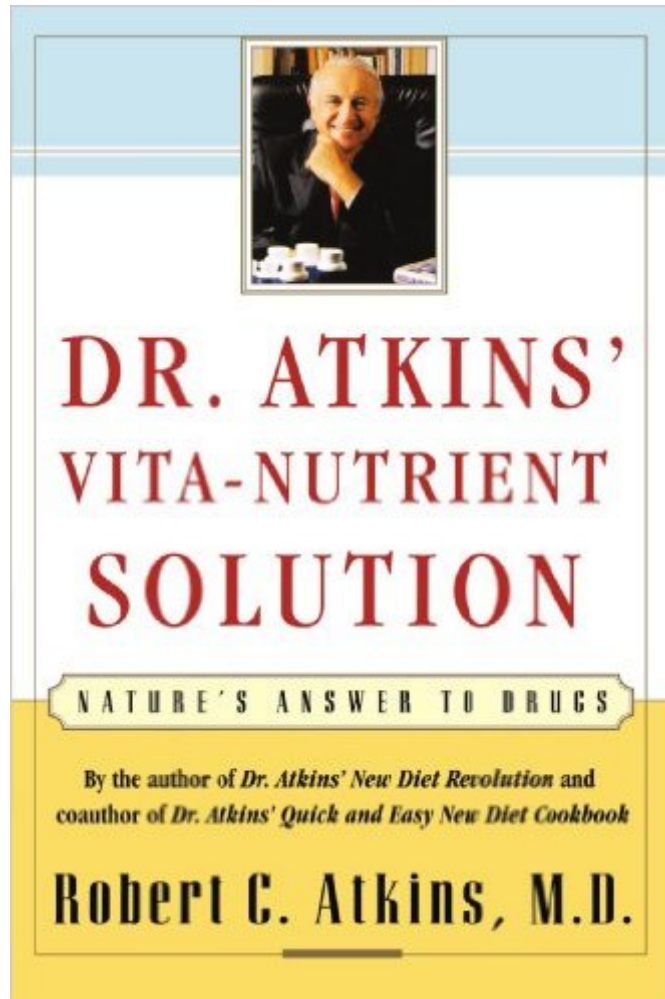


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# Dr. Atkins' Vita-Nutrient Solution: Nature's Answer To Drugs



## Synopsis

**THE HEALING POWER OF NUTRITIONAL SUPPLEMENTS** Long a champion of complementary medicine and nutritional therapy, Dr. Robert Atkins, author of the #1 best-seller *Dr. Atkins' New Diet Revolution*, presents the scientific basis for the use of vitamins, minerals, amino acids, herbs, and hormones in the treatment and prevention of many of the chronic illnesses that plague us today. These vita-nutrients harness the body's ability to heal itself, rather than resorting to conventional drugs and invasive procedures, and address the true causes of disease instead of temporarily alleviating symptoms, promoting longer-lasting and more effective healing. In this comprehensive guide, Dr. Atkins shares vital information on more than 120 supplements, including: The specific restorative powers of each nutrient How to determine the optimal dosage schedule How to obtain supplements that are new to the market or are available only in limited supply The formula for a basic foundation of vita-nutrients that almost everyone needs every day Best of all, Dr. Atkins shows you how to create a personalized program to help improve or regain your health by using combinations of nutritional supplements specifically designed to help cure or prevent more than fifty common medical conditions, including arthritis, cancer, diabetes, heart disease, or infections. Backed by cutting-edge scientific research, his recommendations are both safe and effective.

## Book Information

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## Customer Reviews

I last reviewed "Dr. Atkins' Vita-Nutrient Solution" on the morning of 9/11/01...the darkest day in our country's great history. Since that day, I have come to have a greater appreciation for the work of the late Dr. Atkins. He dedicated his life to helping people...more than most people will ever

realize."Vita-Nutrient Solution" is one of what I refer to as Dr. Atkins"trilogy" (the other two are "Age-Defying Diet" and "New Diet Revolution") of "anti-aging breakthroughs"...books designed to help people live longer, healthier, happier and more productive lives. What a great "legacy" he left for mankind indeed. His work will live on for many generations to come.I've been involved in the nutritional supplement industry for 11 years now. As an avid educator of the public about the positive benefits of proper nutritional supplementation, I can honestly say "Vita-Nutrient Solution" offers the most scientific-based information - and most important of all - real world proof (60,000 patients in 30 years treated at his Center for Complimentary Medicine) that nutritional supplements DO INDEED WORK!Dr. Atkins trained under & studied the works of some of the world's most respected nutritional experts(Carlton Fredericks, Weston A. Price, Roger Williams, Adelle Davis). Dr. Atkins combined the knowledge & wisdom of these experts, along with the advances made in modern science, to "master" nutritional therapies for a wide range of health conditions, most notably for diseases of the cardiovascular system and insulin-related disorders.Unlike most other books, which are based more on speculation / theory / hype, and are not well researched, Dr.

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